

Back to School Tips

1. Set your children's' sleep schedules back to "School Time" two weeks before the first day
2. Set -- and enforce -- regular weekday and weekend bedtimes
3. Encourage your kids to read at least one book before the school year begins
4. Refresh your rules about screen time for the school year. What's allowed and when? Check www.webwise.ie for ideas
5. Remove things like mobile devices from kids' bedrooms to focus them on sleeping
6. Remember to wear the full school uniform – no branded jumpers or tracksuits are permitted
7. Remember that school starts at 8:45am and finishes at 1:25pm for the Junior & Senior Infants and 2.25pm for all other classes
8. Park N' Stride parking permits will be issued to all parents in the first week. If you need two, just ask 😊
9. LIDL is our closest Park N' Stride and James St. Car Park is only 4 minutes' walk
10. School bags on wheels are a great idea. If you think your child's school bag is too heavy, check that they need to bring home all of their books and consult with the class teacher
11. Healthy Lunches every day, with a small treat on a Friday
12. Have your kids pack their school bags before they go to sleep that night
13. Encourage your child to help making their own lunch. They are more likely to enjoy it if they had a hand in making it
14. We can all get the "Back to school nerves!" It's a normal part of growing up. Talk about it and remember that you will be ok!



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1st Class My School Tool-kit



SCOIL PHÁDRAIG

2020-2021

What must I purchase for my child?

Due to Covid 19 considerations, sharing of the following items will not be suitable, so please label all of your child's resources

☒	☒	☒
Re-usable water bottle	Safety Scissors	Red pen
Pencils x 3	Long ruler (30cm)	Colouring pencils / crayons
Eraser	Pritt stick 225g x4	

*Stationery has been ordered by school and includes scrapbooks, homework folders, hardback copies and all other required copies.

What money do I have to give to the school?

MONEY TO BE GIVEN TO SCHOOL/ONLINE	TOTAL
Miscellaneous School Costs	€67
Total to be paid to school	€67

Things to remember to do before returning to school

1. Label all clothing. It's amazing how easily jumpers that all look the same can get lost
2. Put your name on your copies, books, water bottles
3. When you get your Homework Journal, remember to write in your parents' contact details and learn off parents' numbers



Books Purchased by Parents (e.g. McLoughlins)

SUBJECT	TITLE	PUBLISHER
English	Two Little Frogs	Folens
English	Jolly Grammar 1	Jolly Learning Ltd.
Gaeilge	Bua na Cainte 1	Harper Collins
Maths	Planet Maths 1	Folens
Maths	Master Your Maths 1	CJ Fallon

Miscellaneous School Costs



Item	COST
Photocopying & Art Supplies	€26
Reading Resources	€5
ICT/ Aladdin & Online Learning	€10
School Insurance	€7
Assessment Test Materials	€3.50
Homework Journal	€2.50
School Stationery *	€13
TOTAL	€67