### Back to School Tips

- 1. Set your children's' sleep schedules back to "School Time" two weeks before the first day
- 2. Set -- and enforce -- regular weekday and weekend bedtimes
- 3. Encourage your kids to read at least one book before the school year begins
- 4. Refresh your rules about screen time for the school year. What's allowed and when? Check www.webwise.ie for ideas
- 5. Remove things like mobile devices from kids' bedrooms to focus them on sleeping
- Remember to wear the full school uniform no branded jumpers or tracksuits are permitted
- 7. Remember that school starts at 8:45am and finishes at 1:25pm for the Junior & Senior Infants and 2.25pm for all other classes
- 8. Park N' Stride parking permits will be issued to all parents in the first week. If you need two, just ask (3)
- 9. LIDL is our closest Park N' Stride and James St. Car Park is only 4 minutes' walk
- 10. School bags on wheels are a great idea. If you think your child's school bag is too heavy, check that they need to bring home all of their books and consult with the class teacher
- 11. Healthy Lunches every day, with a small treat on a Friday
- 12. Have your kids pack their school bags before they go to sleep that night
- 13. Encourage your child to help making their own lunch. They are more likely to enjoy it if they had a hand in making it
- 14. We can all get the "Back to school nerves!" It's a normal part of growing up. Talk about it and remember that you will be ok!



098 26027

info@spw.ie

www.scoilphadraig.ie



# Senior Infants My School Tool-kit



**SCOIL PHÁDRAIG** 

2020-2021

#### What must I purchase for my child?

Due to Covid 19 considerations, sharing of the following items will not be suitable, so please label all of your child's resources

			$\overline{\mathbf{V}}$
Re-usable water	Individual	Labelled	
bottle	Playdoh pot	Colouring Pencils	
Sharpener	Pritt stick (225g) x2		
Eraser/Rubber	Tripod Pencil x3		

<sup>\*</sup>All other materials your child will need (including school stationery) will be ordered by school and given to your child in September. The cost of this is included in miscellaneous school costs.

#### What money do I have to give to the school?

MONEY TO BE GIVEN TO SCHOOL/ONLINE	TOTAL
School books	€20
Miscellaneous School Costs	€62
Total to be paid to school	€82

#### Things to remember to do before returning to school

- 1. Label all clothing. It's amazing how easily jumpers that all look the same can get lost
- 2. Put your name on your copies, books, water bottles
- 3. When you get your Homework Journal, remember to write in your parents' contact details and learn off parents' numbers



## Books Purchased By School for 2020-21 (DO NOT PURCHASE)

SUBJECT	TITLE	Cost
English	Jolly Phonics Pupil Book 1	Purchased by the school for you
English	Just Handwriting Senior Infants	Purchased by the school for you
English	Just Phonics Senior Infants	Purchased by the school for you
Maths	Figure it Out Senior Infants	Purchased by the school for you
TOTAL		€20

#### **Other School Costs**



Item	COST
Photocopying & Art Supplies	€26
Reading Resources	€5
ICT/ Aladdin & Online Learning	€10
School Insurance	€7
Assessment Test Materials	€3.50
School Stationery *	€10.50
TOTAL	€62