

# Back to School Tips

1. Set your children's' sleep schedules back to "School Time" two weeks before the first day
2. Set -- and enforce -- regular weekday and weekend bedtimes
3. Encourage your kids to read at least one book before the school year begins
4. Refresh your rules about screen time for the school year. What's allowed and when? Check [www.webwise.ie](http://www.webwise.ie) for ideas
5. Remove things like mobile devices from kids' bedrooms to focus them on sleeping
6. Remember to wear the full school uniform – no branded jumpers or tracksuits are permitted
7. Remember that school starts at 8:45am and finishes at 1:25pm for the Junior & Senior Infants and 2.25pm for all other classes
8. Park N' Stride parking permits will be issued to all parents in the first week. If you need two, just ask 😊
9. LIDL is our closest Park N' Stride and James St. Car Park is only 4 minutes' walk
10. School bags on wheels are a great idea. If you think your child's school bag is too heavy, check that they need to bring home all of their books and consult with the class teacher
11. Healthy Lunches every day, with a small treat on a Friday
12. Have your kids pack their school bags before they go to sleep that night
13. Encourage your child to help making their own lunch. They are more likely to enjoy it if they had a hand in making it
14. We can all get the "Back to school nerves!" It's a normal part of growing up. Talk about it and remember that you will be ok!



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## Junior Infants' Book List



**SCOIL PHÁDRAIG**

2020-2021

## What must I purchase for my child?

<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Re-usable water bottle	Individual Playdoh pot	Labelled Colouring Pencils
Sharpener	Pritt stick (225g) x2	
Eraser/Runner	Tripod Pencil x3	

*\*All other materials your child will need will be ordered by school and given to your child in September. The cost of this is included in Miscellaneous school costs.*

## What money do I have to give to the school?

MONEY TO BE GIVEN TO SCHOOL/ONLINE	TOTAL
School books	€14
Miscellaneous School Costs	€56
<b>Total to be paid to school</b>	<b>€70</b>

## Things to remember to do before returning to school

1. Label all clothing. It's amazing how easily jumpers that all look the same can get lost
2. Put your name on your copies, books, water bottles
3. When you get your Homework Journal, remember to write in your parents' contact details and learn off parents' numbers



## Books Purchased by School for 2020-121

SUBJECT	TITLE	COST
English	Jolly Phonics Pupil Book 1	Purchased by the school for you
English	Just Handwriting Junior Infants	Purchased by the school for you
Maths	Figure it Out Junior Infants	Purchased by the school for you
<b>TOTAL</b>	<b>To be Paid in September to school</b>	<b>€14</b>

## Other School Costs



Item	COST
Photocopying & Art Supplies	€26
Reading Resources	€5
ICT	€4
School Insurance	€7
Assessment Test Materials	€3.50
School Stationery *	€10.50
<b>TOTAL</b>	<b>€56</b>